

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2010

University Place

Monthly Activities Calendar!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 1:00 Bowflex (ER) 1:30 Ladies Bible Class In Multi Media Rm 2:00 CARD CRAFT (AR) TABLE GAMES</p>	<p>2</p> <p>9:00 MEN'S SOCIAL 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 1:30 American State Bk 2:00 Watermelon Social 2:00 Skip-Bo (AR) 2:30 Soft Serve (ICP) 6:00 SING SONG (Ch)</p>	<p>3</p> <p>9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 9:30 Walkers' Coffee 10:00 Grocery Shopping 1:00 Bowflex (ER) 2:00 Skip-Bo (AR) 3:30 Country Store Open 7:00 Popcorn & Movie</p>	<p>4</p> <p>ON YOUR OWN WALKING TRACK COMPUTER ROOM FITNESS ROOM TABLE GAMES</p>
<p>5</p> <p>9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ</p>	<p>6</p> <p>9:00 Walk w/Music (DR) 9:30 Tone & Stretch w/G 9:30 First National Bank 10:00 Grocery Shopping 2:30 BINGO (AR) 3:00 Country Store Open Progressive 42 TABLE GAMES <small>Labor Day</small></p>	<p>7</p> <p>8:00 Cracker Barrel 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks (Ch) 1:30 Wii Bowling (AR) 2:00 Scrabble (AR) 2:00 DOOR CRAFT(AR) 3:00 Bible Study (Ch)</p>	<p>8</p> <p>9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 1:00 Bowflex (ER) 1:30 Ladies Bible Class In Multi Media Rm 2:00 Balloon Volleyball 3:00 Country Store Open TABLE GAMES</p>	<p>9</p> <p>9:00 MEN'S SOCIAL 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 1:00 Balance Class(Ch) 1:30 American State Bk 2:00 Skip-Bo (AR) 2:30 Soft Serve (ICP) 6:00 SING SONG (Ch) <small>Rosh Hashanah</small></p>	<p>10</p> <p>9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 9:30 Walkers' Coffee 10:00 Grocery Shopping 1:00 Ed Series w/Randy 2:00 WALMART 3:30 Country Store Open 7:00 Popcorn & Movie</p>	<p>11</p> <p>ON YOUR OWN WALKING TRACK 2:30 BINGO w/Denise COMPUTER ROOM FITNESS ROOM TABLE GAMES</p>
<p>12</p> <p>GRANDPARENTS' BRAG DAY 9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ <small>Grandparents Day</small></p>	<p>13</p> <p>9:00 Walk w/Music (DR) 9:30 Stretch Class w/Amy (AR) 10:00 Grocery Shopping 2:30 BINGO (AR) 3:00 Country Store Open Progressive 42 TABLE GAMES</p>	<p>14</p> <p>8:00 Cracker Barrel 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks (Ch) 1:30 Wii Bowling (AR) 2:30 Scrabble (AR) 2:30 Soft Serve (ICP) 3:00 Bible Study (Ch)</p>	<p>15</p> <p>9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 10:00 West Texas Fair & Rodeo Senior Day 1:00 Bowflex (ER) 1:30 Ladies Bible Class 2:30 Residents' Wild West Birthday Party</p>	<p>16</p> <p>9:00 MEN'S SOCIAL 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 1:30 Educational Class "Medicare" (Ch) 1:30 American State Bk 2:00 Skip-Bo (AR) 6:00 SING SONG (Ch)</p>	<p>17</p> <p>9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 9:30 Walkers' Coffee 10:00 Grocery Shopping 1:00 Bowflex (ER) 2:00 Skip-Bo (AR) 3:30 Country Store Open 7:00 Popcorn & Movie <small>Yom Kippur</small></p>	<p>18</p> <p>ON YOUR OWN WALKING TRACK 10:30 Buffalo Gap Historic Village Tour COMPUTER ROOM FITNESS ROOM TABLE GAMES</p>
<p>19</p> <p>9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ</p>	<p>20</p> <p>9:00 Walk w/Music (DR) 9:30 Tone & Stretch w/G 9:30 First National Bank 10:00 Grocery Shopping 2:30 BINGO (AR) 3:00 Country Store Open Progressive 42 TABLE GAMES</p>	<p>21</p> <p>8:00 Cracker Barrel 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks (Ch) 1:30 Wii Bowling (AR) 2:00 Scrabble (AR) 2:30 Soft Serve (ICP) 3:00 Bible Study (Ch)</p>	<p>22</p> <p>9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 1:00 Bowflex (ER) 1:30 Ladies Bible Class In Multi Media Rm 2:00 TEA PARTY "Hats" Theme TABLE GAMES <small>Autumn Begins</small></p>	<p>23</p> <p>9:00 MEN'S SOCIAL 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 1:30 American State Bk 2:00 Skip-Bo (AR) 2:30 BINGO w/Randy 2:30 Soft Serve (ICP) 6:00 SING SONG (Ch) <small>Sukkot</small></p>	<p>24</p> <p>9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 9:30 Walkers' Coffee 10:00 Grocery Shopping 1:00 Bowflex (ER) 2:00 WALMART 3:30 Country Store Open 7:00 Popcorn & Movie</p>	<p>25</p> <p>ON YOUR OWN WALKING TRACK COMPUTER ROOM FITNESS ROOM TABLE GAMES</p>
<p>26</p> <p>9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ</p>	<p>27</p> <p>9:00 Walk w/Music (DR) 9:30 Stretch Class w/Amy (AR) 10:00 Grocery Shopping 2:30 BINGO (AR) 3:00 Country Store Open Progressive 42 TABLE GAMES</p>	<p>28</p> <p>8:00 Cracker Barrel 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks (Ch) 1:30 Wii Bowling (AR) 2:00 Scrabble (AR) 3:00 Reminisce (MMR) 3:00 Bible Study (Ch)</p>	<p>29</p> <p>9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 1:00 Bowflex (ER) 1:30 Ladies Bible Class In Multi Media Rm 2:00 Cookie Social w/Erin (AR) TABLE GAMES</p>	<p>30</p> <p>9:00 MEN'S SOCIAL 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 1:30 American State Bk 2:00 Skip-Bo (AR) 2:00 Cricket Card Craft 2:30 Soft Serve (ICP) 6:00 SING SONG (Ch)</p>	<p><i>A careless word may kindle strife; A joyous word may light the day; A timely word may lessen stress; A loving word may heal and bless.</i></p> 	