



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Walk w/Music (DR) 1 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 10:00 Decorate Doors Day! 2:30 BINGO (DR) 3:00 Country Store Open Housekeeping Week 1 Progressive 42 TABLE GAMES	8:00 CRACKER BARREL 2 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 9:45 ACU Students Tour 10:00 B/P Checks in Chapel 2:00 SCRABBLE (AR) 2:30 Soft Serve (ICP) 3:00 BIBLE STUDY (CH) Groundhog Day	9:00 Walk w/Music (DR) 3 9:30 Video Tone Up (AR) 9:30 WALKER'S COFFEE 1:00 BOWFLEX (ER) 1:00 Valentine Craft (AR) 1:30 Ladies Bible Class (LR) 2:00 SKIP-BO (AR) 3:30 Country Store Open TABLE GAMES	9:00 MEN'S SOCIAL (FL) 4 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 1:00 BOWFLEX (ER) 1:30 American State Bank 2:00 SKIP-BO (AR) 2:30 Soft Serve (ICP) 5:30 SING SONG (CH) TABLE GAMES	9:00 Walk w/Music (DR) 5 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 1:00 BOWFLEX (ER) 2:00 Dominoes 2:00 WALMART 6:00 Bridge (AR) 7:00 Popcorn & Movie (FL) TABLE GAMES	6 ON YOUR OWN WALKING TRACK COMPUTER ROOM FITNESS ROOM TABLE GAMES
9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ	7 9:00 Walk w/Music (DR) 8 9:30 Video Tone Up (AR) 9:30 First Financial Bank 10:00 Grocery Shopping 2:30 BINGO (DR) 3:00 Country Store Open Housekeeping Week 2 Progressive 42 TABLE GAMES	8:00 CRACKER BARREL 9 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks in Chapel 10:30 Hendrick Hearing (Ch) 2:00 SCRABBLE (AR) 2:30 Soft Serve (ICP) 3:00 BIBLE STUDY (CH) 3:30 Country Store Open	9:00 Walk w/Music (DR) 10 9:30 Video Tone Up (AR) 9:30 WALKER'S COFFEE 1:00 BOWFLEX (ER) 1:30 Ladies Bible Class (LR) 2:00 SKIP-BO (AR) 2:30 BINGO w/Erin (AR) 3:30 Country Store Open TABLE GAMES	9:00 MEN'S SOCIAL (FL) 11 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 1:00 BOWFLEX (AR) 1:00 Decorate Cookies (AR) 1:30 American State Bank 2:00 SKIP-BO (AR) 2:30 Soft Serve (ICP) 5:30 SING SONG (CH)	9:00 Walk w/Music (DR) 12 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 1:00 BOWFLEX (ER) 2:00 Tx Home Health Educational Services (CH) 6:00 Bridge (AR) 7:00 Popcorn & Movie (FL) TABLE GAMES	13 ON YOUR OWN WALKING TRACK COMPUTER ROOM 2:30 BINGO w/Denise in the Activity Room FITNESS ROOM TABLE GAMES
9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ Valentine's Day Chinese New Year	14 9:00 Walk w/Music (DR) 15 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 2:30 BINGO (DR) 3:00 Country Store Open Housekeeping Week 3 Progressive 42 TABLE GAMES Presidents' Day	8:00 CRACKER BARREL 16 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks in Chapel 2:00 Blood Pressure Clinic 2:00 SCRABBLE (AR) 2:30 Soft Serve (ICP) 3:00 BIBLE STUDY (CH) 3:30 Country Store Open	9:00 Walk w/Music (DR) 17 9:30 Video Tone Up (AR) 9:30 WALKER'S COFFEE 1:00 BOWFLEX (ER) 1:30 Ladies Bible Class (LR) 2:00 SKIP-BO (AR) 2:30 Resident Birthday Party 3:30 Country Store Open TABLE GAMES	9:00 MEN'S SOCIAL (FL) 18 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 1:00 BOWFLEX (AR) 1:30 American State Bank 2:00 Gene Golding (Chapel) 2:30 Soft Serve (ICP) 5:30 SING SONG (CH) TABLE GAMES	9:00 Walk w/Music (DR) 19 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 10:30 B/P Checks (CH) 1:00 BOWFLEX (ER) 2:00 WALMART 6:00 Bridge (AR) 7:00 Popcorn & Movie (FL) TABLE GAMES	20 ON YOUR OWN WALKING TRACK COMPUTER ROOM FITNESS ROOM TABLE GAMES
9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ	21 9:00 Walk w/Music (DR) 22 9:30 Video Tone Up (AR) 9:30 First Financial Bank 10:00 Grocery Shopping 2:30 BINGO (DR) 3:00 Country Store Open Housekeeping Week 4 Progressive 42 TABLE GAMES	8:00 CRACKER BARREL 23 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 10:00 B/P Checks in Chapel 2:00 SCRABBLE (AR) 2:30 Soft Serve (ICP) 3:00 BIBLE STUDY (CH) 3:30 Country Store Open TABLE GAMES	9:00 Walk w/Music (DR) 24 9:30 Video Tone Up (AR) 9:30 WALKER'S COFFEE 1:00 BOWFLEX (ER) 1:30 Ladies Bible Class (LR) 2:00 SKIP-BO (AR) 3:30 Country Store Open TABLE GAMES	9:00 MEN'S SOCIAL (FL) 25 9:00 Walk w/Music (DR) 9:30 Exercise Tape (AR) 11:00 OUT TO EAT! 1:00 BOWFLEX (AR) 1:30 American State Bank 2:00 SKIP-BO (AR) 2:30 Soft Serve (ICP) 5:30 SING SONG (CH)	8:30 BREAKFAST w/Erin 26 in the Activity Room 9:00 Walk w/Music (DR) 9:30 Video Tone Up (AR) 10:00 Grocery Shopping 1:00 BOWFLEX (ER) 6:00 Bridge (AR) 7:00 Popcorn & Movie (FL) TABLE GAMES	27 ON YOUR OWN WALKING TRACK COMPUTER ROOM FITNESS ROOM TABLE GAMES
9:00 Elmdale Baptist 3:00 Methodist 6:30 Baker Heights Church of Christ	28 	<h1>February 2010</h1> <h2>University Place Monthly Activities Calendar!</h2>				